



Pass it on!

Have you ever had one of those days when everything goes wrong, when you feel down right miserable? The kind of day you wish someone would just say something positive to you, something that makes you feel good? Well, other people have those days too!

We tend to forget this fact when we are having a good day. When we come across someone having a bad day we shrug them off and go on our way. If, however, we stopped and remembered how we felt on our “bad day”, how we wished for a positive word, if we then passed on our good feeling to them, if we gave them encouragement, some positive word, it could make all the difference in the world to them, **remember how we felt on our “bad day”?**

Where are many sayings that we all know to cover such situations, though we conveniently forget them if it suits us: “what goes around, comes around”, “we reap what we sow”, “do unto others ...”

If only we would take the time to help others on their bad days, the chances are there will be someone to help us when we have ours.

Motivational speaker Zig Ziglar once said, “you never know when one act or word of encouragement can change a life forever”.

Go ahead ... pass it on! Make someone’s day and maybe change their life for the better!